



City Of Sunderland School U16 Tennis Finalists 2010

1st Sarah Forrest 2nd Eszter Soos



Amanda Longville

Year 9 City of Sunderland
Tennis Champion July
2010

City of Sunderland Badminton Tournament Winners

The St. Anthony's Year 10 Badminton team have recently won the City of Sunderland finals. In total the girls played 6 games each, some singles and some doubles, and they triumphed in every one of their games. The games only lasted for 7 minutes each, but despite this short duration the girls managed to score at least 20 points in each game they played. This is a fantastic achievement by the girls who have now **won the tournament two years running**. They have now qualified for the Regional tournament at the Seaburn Leisure Centre in February.



The winning team, from left to right:
Abbie Cuthbertson, Anjana Varghese,
Katie Hughes and Sarah Simpson.

City of Sunderland School Sport Partnerships Secondary Schools Key Stage 3 and 3 Trampoline Final

A team of Year 7, 8 and 9 students participated in the City Trampoline Finals. Congratulations to all who competed; every girl performed extremely well.

Also extra congratulations to Carmel Moran who was placed 2nd out of 50 competitors! Carmel has now qualified for the **Tyne and Wear Trampoline Finals** – we wish her the best of luck!

Year 7 team –

Shania Kelly
Emily Brace
Holly Falkner
Sasha Atkinson
Gabrielle L-Jeffery

Sharlotte Baker
Leilla Stewart
Rebecca Fishwick
Megan Garrett
Claire Barker

Year 9 team –

Year 8 team –
Carmel Moran
Teigan Hutchinson

Sophie Bell
Sarah Robinson
Rebecca Bittel



Catholic Partnerships Schools Swimming Gala

A team of Year 7, 8 and 9 students participated in the Catholic Partnership Swimming Gala. Congratulations to all who competed; every girl performed extremely well.

Year 7 Team – 9th overall

Amy Henshaw - First in Year 7 Backstroke

Emily Brace
Claudia Howey
Jennifer Welsh

Year 8 Team – 3rd overall

Emma Talbot – Second in the Front Crawl
Molly Curle – Third in the Breast Stroke
Anna Greaves
Faye Huntley
The girls were also 3rd in the Medley Relay

Year 9 Team – 7th overall

Lucy Ellis - First in the Front Crawl

Annabelle Joyce
Olivia Moore
Dana Lim



City of Sunderland Year 8 Netball Tournament Winners

Congratulations to the Year 8 Netball Team on **winning** the City of Sunderland Netball Tournament. The girls remained unbeaten in their group and beat Southmoor School in the final 5-1.

Team list

Lucy Tilbury (C)	Emma Morton
Bethany Richardson	Olivia Chisholm
Jennifer Connolly	Emily Chisholm
Georgia Mc Cluskey	Courtney Collins
Megan Quinn	Eloise Humble

Karate Kids!

Chloe Bamlet and Bethaney Miller have been demonstrating their combat skills in recent Karate competitions.



Chloe, a member of Whitburn Karate club, travelled to Birmingham for the English Karate Organisation annual competition and triumphed as **U16 Champion**, an amazing achievement! She is also working towards her Black Belt.

Bethaney, a member of Sunderland Sendai Kushiro Karate club **has won first place** in the annual Children's Club competition at Sea Houses, and gained a Silver and Bronze medal in the Youth Championships.

Well done to both girls; keep it up!

Great North Run Volunteers



Thank you and well done to the 6th Form girls and staff who gave up their time to help give out the finishers' packs at the 30th Great North Run, Sunday 19th September

Year 12

Nicola Bonner	Abigail Hutchinson
Beth Buckingham	Francesca Kelly
Georgie Casey	Anna McKenna
Lauren Casson	Rebecca Prestwood
Georgina Currie	Alex Rackstraw
Collette Cutter	Beth Reinick
Hannah Edwards	Autumn Scott
Georgia Green	Katie Senior
Charlotte Greenwell	Chloe Waters
Bethany Guy	Rebecca Whitehead
Rebecca Hargrave	

St. Anthony's & St. Aidan's Derwent Hill Residential July 2010

Great North Run Volunteers

Well done to all the pupils who attended the first joint school trip and made it a huge success. We look forward to many more.



Year 13

Megan Duffy
Evie Gray
Lauren Sproat
Lauren Casson

Staff

Miss H Downey
Miss E Harris
Miss T Horner
Miss R Prestwood
Mrs G Prestwood



“Hearing is not like Seeing” – Lessons From Auschwitz

On 13th October 2010 Abby Harrison and Abbey Henderson (Year 13) participated in a visit to Auschwitz, accompanied by Mrs Lanaghan and Sixth Formers and their teachers from other schools in our area. The visit was part of the government-funded “Lessons from Auschwitz Project”, organised by the Holocaust Educational Trust, aimed at educating two Sixth Formers from every school about the Holocaust, on the principle that “hearing is not like seeing”. The itinerary included a visit to Auschwitz, where it is estimated 1.2 million Jewish people lost their lives. Much of the original camp is left, its brick barracks holding only memories of those who perished there. Rooms full of suitcases, spectacles and women’s hair were some of the grim reminders of the horrific events that took place. At the second camp, Auschwitz-Birkenau, the destroyed crematoria reminded us of the millions gassed to death by the Nazis. The experience was described by the students as very moving, emotional but also numbing. It is hard to believe this period in history took place only 70 years ago.

At the end of the day the group took part in a very moving ceremony led by a Rabbi close to the crematoria. Candles were lit and placed along the railway tracks, words from victims and survivors were read, and the rabbi sang the prayer for the dead in Hebrew. In the quiet of the day and as darkness

began to creep in, Rabbi Marcus reminded us of the human cost of the ‘Final Solution’: if we observed a minute’s silence for each victim of Auschwitz, we would not speak for two full years!

The Lessons from Auschwitz Project encourage the students to act on what they have seen, and inspire them to teach others of the effects of prejudice and intolerance. With genocide still happening around the world it seems humanity has not learned lessons from the past. Abby and Abbey will be taking their ‘next steps’ in the programme and hopefully passing on the message that the world cannot stand by and watch whilst another holocaust unfolds. We must tackle prejudice, bullying, and intolerance wherever we come across it.



The picture shows shoes of the innocent children who fell victim to the Nazi regime. Although just a shoe it is one of the only ways that we can in some way identify the people who are now among the nameless dead.

Mrs Lanaghan.

RE’s Shining Star!

Kirsten Balley from Year 8 has wowed the RE Department with two outstanding pieces of work. In our first Year 8 RE Topic, ‘Are You There God?’, Kirsten created a clay model of her image of God. This fantastic creation, not only looks great, but is full of symbolism of Kirsten’s understanding and questioning about God. Go and check out this brilliant creation now on view in the Chapel!

For our second RE topic, ‘Who is Jesus?’, Kirsten has created another image, this time of Jesus. Kirsten has used mosaic pieces grouted on to a symbolic shape (made of an old cake stand!) to fantastic effect.

Kirsten says she has been inspired by her RE teacher Mrs Laydon to put in such effort and creativity. Keep your eyes open for this work of art being displayed in school. Well done!



Kirsten and her Image of Jesus Mosaic.



Students see Pope Benedict XVI

On the 18th September 2010 Sr. Catherine took six Sixth Form students to attend the State Visit of Pope Benedict XVI. This was a truly historic moment for the country and for our students. Year 12 student, Rebecca J. Smith had the honour of representing all the young people of the Hexham and Newcastle Diocese – she could be seen standing on the steps of Westminster Cathedral with the Pope and other young representatives. The school was also represented by Head Girl, Katherine Bulmer, Deputy Head Girl Abena Ansah as well as Georgia Morron and Rebecca Alderson; Laura Welch represented the Diocesan Youth Council.

It was a tiring but worthwhile visit. Sr. Catherine and the students had to travel to London on a coach overnight in order to be in the piazza in time for Mass and the Pope's message to young people. The Mass was quite an experience as the students gathered for the service with thousands of young people representing every diocese in the country.

At the end of Mass, the Pope addressed the young people. He said, "I ask each of you first and foremost to look into your own heart, think of all the love that your heart was made to receive, and all the love it is meant to give. After all, we were made for love."

He reminded the young people of the ways in which they can show God's love in the world today. After the Mass the young people made their way to Hyde Park for lunch. This was a time for the young people to meet each other and share their experiences.

The young people had special passes for the 'Golden Circle' where they could sit and enjoy the many special performances, including The Priests, and talks from inspirational speakers such as the parents of Jimmy Mizen.

The mood of the evening changed to one of quiet prayer and reflection as the Pope returned to lead thousands of people in a prayer vigil. During the vigil the Pope spoke again of the need to love and recognise the dignity of each person. Whilst the Blessed Sacrament was exposed there was a profound and prayerful silence which was quite awe-inspiring.

Katherine Bulmer described the experience:

"My favourite part was the Vigil in Hyde Park on the Saturday evening. It truly felt like a celebration and it was most enjoyable watching the singers, dancers and actors that graced the stage before the Pope... The sheer number of people present, excited to see the Holy Father made the whole occasion even more impressive and something that will remain with me for the rest of my life."



Pope with the Young People

RE Entrepreneurs!

In response to the RE topic 'Are You There God?' Year 8 have been providing the answer 'Yes!' Year 8 are showing the love of God to those in need by putting prayer into action in a cross-curricular 'Enterprise' activity. Inspired by The Parable of the Talents, RE Teachers have distributed different amounts of money to groups in their classes with the challenge 'Can you double it?!' The money raised is to go towards Manzini.

Joining together with Miss Prestwood has enabled this to be an enjoyable cross-curricular activity with Business Studies as Miss Prestwood has shared their business plan template 'Marketing Mix', for pupils to use in their fundraising planning and practice. All pupils from Year 8 have added to the money they were originally given, with many doubling, even tripling their group's amount. So

far, we have raised **£600!** Thank you Year 8; what a difference you have made!

Here are some budding entrepreneurs from 8F4 showing us their creations made especially for this Manzini Fundraising Project.



Ellie Wilkin and Melissa Chapman showing us the cakes they made to sell.



Ffion Metcalf and Lauren Doyle are modelling the Jewellery and novelty items they made to sell.



A-Level Biology Field Trip and Adventure Weekend at Derwent Hill, Keswick

In September the Year 13 Biologists enjoyed a fantastic weekend in the Lake District countryside. The group conducted field work studies to investigate the distribution of plants and animals in different habitats. The weekend was also an opportunity for the girls to take part in adventure sports including kayaking, gorge walking and climbing. Great fun was had by all!



Energy Survey, Year 7 Physics

7S4, with Mrs Hall, Mrs Brown and Mrs Charlton are running a campaign to save energy in our school.

Recently we have been visiting all the rooms in school and conducting an audit of empty rooms to see where we can make savings.

When rooms are occupied we have left the teacher a letter explaining how simple changes can help to save energy, make fossil fuels last longer, and save money.

Some simple tips we can all follow are –

- Switch off all lights and equipment when you leave a room.
- Shut doors behind you.
- Turn heating down when possible.
- Don't leave appliances on standby.

We would like to thank everyone for allowing us into their rooms and we hope that you all follow our advice!

Teacher Training

St. Anthony's is and always has been committed to providing teacher training. This term in the Science Department we have three PGCE students from Durham University; Ms Evanna Hunter (Physics) Mr Adam Malkepour (Chemistry) and Ms Charlotte Perry (Biology)

Our trainee teachers have settled into St. Anthony's very well and are all enjoying their time here. More importantly our pupils seem to be really enjoying their lessons

Hendon Geology Field Trip - Geology Rocks!

Year 12 and 13 geologists braved the fog to carry out their first Geology field investigation at the beginning of October.

They were able to investigate the Hendon Fault, exposed in the cliffs below the Paper Mill. They used fieldwork equipment, such as a compass-clinometer, measured the movement on the fault and obtained readings for dip and strike. They also drew field sketches.



St. Anthony's Science Excellence Innovation Project (SEIP)

Funding from One North East and Sunderland Education Authority, and the support of the Senior Leadership Team at St. Anthony's, has enabled the Science department to purchase 50 net-books and data-logging hardware, software, and resources. The aim of the project is to develop an Enquiry-Based Curriculum at Key Stage 3, provide Enrichment Activities for students, give Careers Advice on STEM subjects and pathways, and to deliver Continued Professional Development to Teaching Staff. We have worked very closely with Mike Seddon, the Sunderland Science Adviser, and he continues to support our efforts to change the way we deliver the Science Curriculum to Years 7 and 8.

The spearhead of the SEIP was the purchase of 50 Toshiba net-books, programmed with Data-Harvest Easy Sense software, which are linked to Easy Sense Link hardware interfaces. The small mobile Toshiba net-books are very powerful, and can be transported easily and stowed away in limited space. The Toshiba net-books are also ideal for data-logging as they have extended battery life (8 hours), which enables them to be used in the laboratories, without power leads, throughout the school day, before being charged at night. Data-Harvest Easy Sense software and hardware has been designed to be ready to collect experimental data in seconds; older systems were difficult to set up and proved unreliable. The



real time data can be transferred to other computer programmes, such as EXCEL, with the click of a button, so that data can be turned into tables, charts, or graphs, for presentations.

The Enrichment Activities include monitoring heart rate, heart waves, and blood pressure; measuring acceleration, forces, currents, voltages and conductivity; measuring rates of reaction, colorimetry, pH, and cooling curves, all with real time digital capture.

Student response to the net-books and data-logging equipment has been very positive. Students say that the data-loggers are 'easy to use', and that the enrichment activities are 'fun' and 'help you learn'. It is hoped that even more net-books and data-loggers will be purchased so that the project can expand and flourish over the next few years.



Sixth Form

Success and Active Participation

What a very successful Summer the Sixth Form has had! 116 girls in Year 13 gained university places and have now gone to study 42 different courses in 31 different universities. 19 girls gained places at universities in the prestigious Russell Group and 2 will be studying at Durham. The range of subjects being studied is quite staggering: from Medicine and Pharmacy to Chemical Engineering; from English and History to Law; from Psychology and Art to Nursing; from Animation Design to Criminology.

Special congratulations are due to Faye Maughan who has gone on to read Economics at Cambridge and to Sophie Quinn who is reading French and

Spanish at Oxford. But we would like to congratulate all our new undergraduates and wish them every success in the future. Make sure you come back to see us soon and let us know what you are doing!

Our Sixth Formers have already participated in many events e.g. the Papal Visit, EPQ, musical and sporting activities etc. However, since these are covered elsewhere in Spotlight, we shall just concentrate here on one or two specific events. Nevertheless, it is very pleasing that girls in the Sixth Form are taking such an active part in school life.

Expo Chef

Before breaking up for the Summer holidays, our Sixth Form was privileged to experience the extensive culinary knowledge of Expo Chef, Mark Earnden. In his sessions, the girls were taught how to make the best use of a few, cheap ingredients which could probably be found in any kitchen cupboard, and they agreed that this would be really

useful knowledge for student life. Not only did Mark demonstrate how to make delicious and healthy meals himself, he also put students through their paces as they tried out the recipes for themselves! The results of their efforts were then judged by the rest of the students – successfully, not a picking remained!



Sixth Form

Welcome to St. Anthony's Sixth Form, everyone

At the end of last year we were privileged to be given the use of Oaklea as our new study area and this is proving to be a great success. In addition, the kitchen facilities in Oaklea have allowed us to be able to serve hot drinks and light lunches. On these cold days these have been very gratefully received. Thank you very much, Reverend Mother Aelred.

Now the really hard work has already begun and we look forward to as good and even better results than last year from our new students. We would like to wish everyone every success in the forthcoming January modules. Mrs A Robley (Head of Sixth Form), Mrs H Smith (Head of Year 12), Mrs M Harwood (Head of Year 13)



Year 12 Induction Day

Yet again a very large number of students have chosen to continue their studies in St. Anthony's Sixth Form and a lively and exciting Induction Day was the result. Mrs Smith's quiz was generally agreed to be too easy, except for the fiendish buildings round. Mrs Harwood organised a drama activity that caused a great deal of hilarity. The only problem with the day was the weather, which was very wet and curtailed the Treasure Hunt trail, but did not dampen the fun!



Swaziland

News from Manzini Youth Care



We always look forward in anticipation to visiting our friends in McCorkindale Children's Village. Bonsile (left) was delighted to tell us that she had just been elected Deputy Head Girl at her school and Gcebile (right) was proud to announce she had passed her accountancy exams with flying colours. Many congratulations!



Boys' showers before tiling

A group of staff, their families and friends (16 in total) spent 3 weeks in Swaziland supporting the work of Manzini Youth Care (MYC) this Summer.

One of our projects was to help tile the boys' showers at McCorkindale.



And after....

The young people McCorkindale loved helping and were delighted with the end result. We also helped the boys to decorate their bedrooms, made new

curtains and put up wall hooks for them on which to hang their clothes. Next year we plan to help the girls revamp their bedrooms.



Woodworking classes at Sikhunyana

St Anthony's have been asked to help fund the salary of a woodwork teacher at Sikhunyana Reception Home. (This is the home the boys arrive to from the streets). Each Wednesday evening after school, the boys sit under a tree to learn and perfect their newly acquired woodworking skills. They are then able to sell their creations to help generate a little income to support their education.



Accomplished knitters!

Before we left for Africa this summer, some of the Swazi girls asked us to teach them to knit, crochet, sew and make jewellery. We had great fun learning new skills together and were able to buy and leave behind a hand sewing machine for the young people to use. Many thanks for donations of money, knitting and sewing needles, threads, crochet hooks, fabric and old jewellery which we took out with us.



Everyone gets a new pillow and pillow case

A chance conversation with Rita, the owner of the Quilters Cupboard in Langley Moor, Durham, gave us the opportunity to make pillow cases for all the young people at McCorkindale. Rita donated a roll of fabric, and with money from fundraising and the skills of enthusiastic volunteers, new pillows were snugly fit into their expertly sewn pillowcases.



Swaziland



Music in the Community

For a number of years we have been supporting the Traditional Swazi Dance Group, Choir and Marimba Band, whose performances are now renowned

throughout Swaziland and South Africa. Donations from St Anthony's have enabled the music teachers to extend their lessons on a Wednesday afternoon to those within the local community – free of charge!



Annah outside the home built by her family in the 1960's

We continue to donate money to MYC for the Teacher Training Course of Annah who works at Enjambulweni School. Annah

continues to share new ideas and skills with her colleagues. She asked for her thanks to be forwarded to you all for the continued support and the opportunities given to her. She is thoroughly enjoying her university course.



Gardens at Enjambulweni School

Whilst in Manzini we were able to buy, with donated funds, hose pipes to make watering the gardens at Enjambulweni School easier.

Our fundraising extends to buying seeds, which the children grow under the supervision of their gardening expert – Bravo.

All children in the school are taught gardening and their produce helps provide nourishment, not only for themselves but also those living in their local communities.



Year 8 pupils - Jewellery Making

As fundraising continues we are always looking for new ideas. Donated jewellery – old, unwanted and broken items are resold and reworked to raise

funds for MYC. Our present Year 8 girls are having fun whilst learning new skills designing bespoke items to sell in order to keep fund-raising.

Once again, we would like to thank you for your continued support.

If you would like to make a donation – please send it to O'Connell school office.

Cheques can be made payable to 'Swaziland St. Anthony's School'. If you would like to Gift Aid your donation please ask at Westburn Office for a Gift Aid Form.



Important Key Dates Term 2

January

4th January	Staff Training Day
5th January	School re-opens after Christmas Holidays
6th January	Year 11 (Re-arranged Options Evening)

February

2nd February	Year 9 Parents Evening
17 February	Year 9 Options Evening
18th February	Break up for Half-Term
28th February	School re-opens after Half-Term

March

1st March	Year 8 Parents' Evening
10th March	Year 10 Parents' Evening

April

15th April	Break up for Easter Holidays
15th April	Ski trip departs

May

3rd May	Return to School after Easter Holidays
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